



Association for Adult Development and Aging

Spring 2024 Newsletter

Hello AADA members, we are so glad you are here!

Welcome! We are so glad you are apart of the Association for Adult Development, and Aging. We wanted to spend a brief moment and introduce you to our executive board and leadership team. Please peruse our website, and enjoy this newsletter.

In this issue you will find:

- Presidential message
- Pictures from the 2024 American Counseling Conference
- Information on the latest edition of Adultspan
- Welcome to our new 2024-2025 cohort of Adultspan fellows
- 2024 AADA award winners
- Information on upcoming Summer Conference

AADA Executive Board and Leadership Team

- Executive Board and Leadership Team (2023)
- President: Dr. Matthew Nice
- Past President: Dr. Adrienne Trogden
- Secretary: Catherine Eaton
- Treasurer: Matthew Nice
- Member-at-large Outreach/Branch Divisions: Crystal Neal
- Governing Council Representative: Wendy Killam
- Newsletter Editor: Kailey Bradley

Enjoy a message from President Dr. Matthew Nice below!

Presidential Message

Dr. Matt Nice

Hello AADA members!

Reflecting upon this past year, I am continuously reminded how truly grateful I am for the wonderful individuals that represent AADA. This year, we returned to an in-person conference format in July in Charlotte, NC, partnered with the Association for Rehabilitation Counseling (ARCA) to host a joint AADA-ARCA seminar, honored members with the annual AADA awards, host numerous webinars, present on behalf of AADA at the American Counseling Association Conference, transitioning documents out of Dropbox and onto Google Drive, revisit funding policies, and much more. As president, I also representing AADA in monthly meetings with ACA division meetings, which have advocated and supported important initiatives in the profession.

It has been a genuine honor to serve this “small but mighty” organization this past year, and I look to continue serving as Past-President in the 2024-2025 fiscal year. I am currently working with a team to bring counseling resources to AADA members to support their clinical work with emerging, middle, and older adults with a developmental focus—be on the lookout for that soon! As my presidential year comes to an end, I am excited for AADA to continue under the presidential term of Dr. Janelle Jones, who will become AADA President as of July 1, 2024. She is a long time AADA member and is already hard at work planning the 2024 AADA Conference in Atlanta Georgia. I look forward to all the fruitful events and initiatives that AADA will be implementing in the future!

**Snapshots from the 2024
American Counseling
Association Conference**

Please check out our FB page for more
snapshots from the 2024 American



Adultspan Updates

Check out the latest issue of the *ADULTSPAN Journal*! This issue delves into the psychosocial experiences of emerging adults and aging populations, emphasizing cultural contexts. It explores challenges for first-generation college students, links between cultural identity and well-being, and variations in emotional intelligence by age. Additionally, it offers a framework for culturally competent gerontological care.

Articles for this upcoming volume:

- First Generation College Student Transitions: Informing Counseling Practices for Emerging Adults
 - <https://mds.marshall.edu/adsp/vol23/iss1/2/>
- Exploring the Relationships and Differences of Cultural Identity Salience, Life Satisfaction, and Cultural Demographics Among Emerging Adults
 - <https://mds.marshall.edu/adsp/vol23/iss1/1/>
- Emotion regulation strategies and perceived emotional intelligence: The effect of age
- Multicultural Gerotranscendence: A Theoretical Approach to Working with Older Adults
 - <https://mds.marshall.edu/adsp/vol23/iss1/3/>

Upcoming Special Issue

This special issue of the *Adultspan Journal* focuses on preparing the counseling workforce to effectively serve clients covered by Medicare.

Articles for this upcoming issue:

- Intersecting Inequities for Older LGBTQ+ Adults of Color in the Advent of Medicare Access: A Structural Vulnerability Framework

- Providing End-of-Life Counseling: A Narrative Inquiry
- The Aging Services Network: A Potential Resource for Professional Counselors in Addressing Older Adult Mental Health and Suicide Risk
- Considerations of Medicare Telehealth Services with Older Adults
- Using The Gerontological Imagination to Explore Suicide among Older Adults: An Interdisciplinary Perspective for Professional Counselors

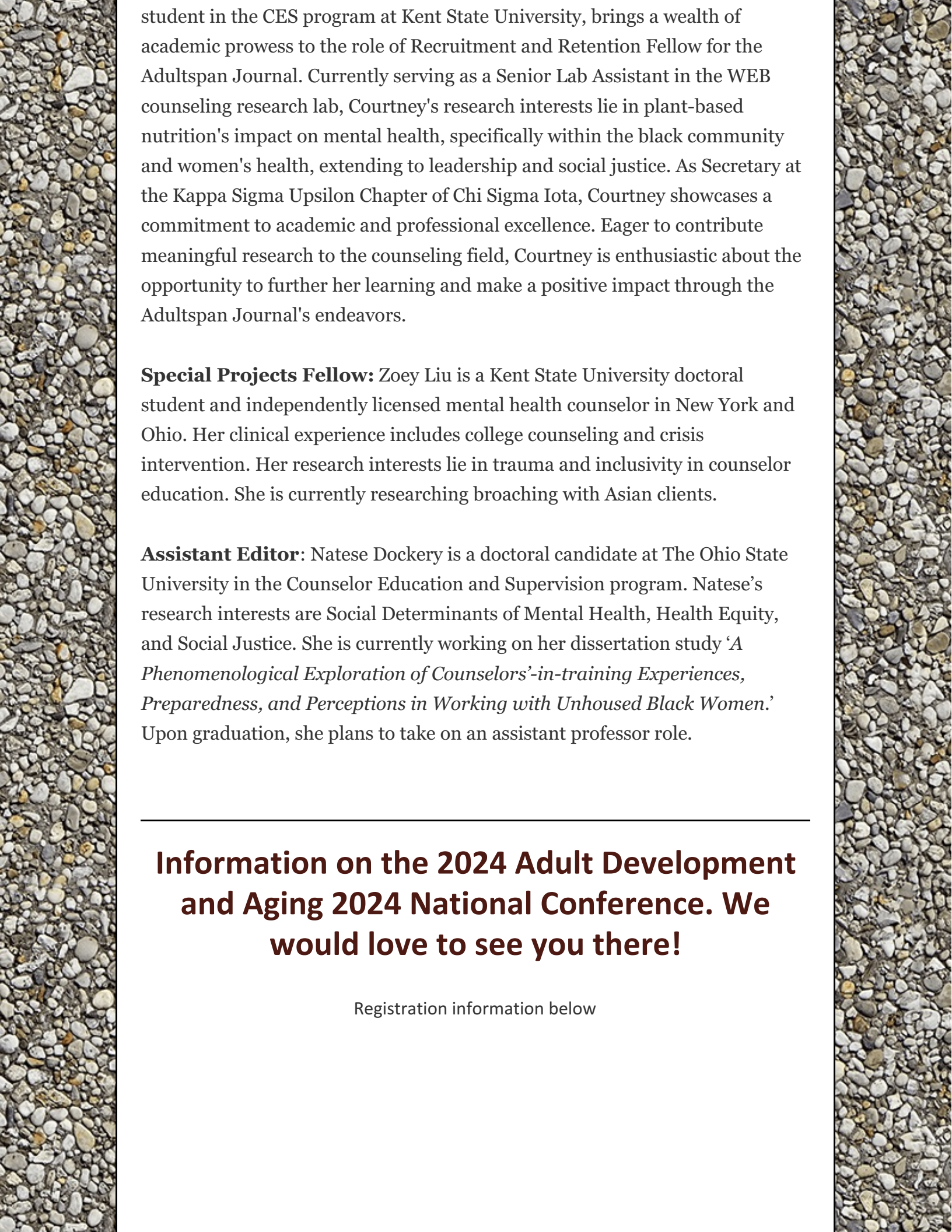
Join us in welcoming our new cohort of *Adultspan* Fellows!

Access and Media Fellow: Megan LaLonde is a doctoral student in Counseling Education and Supervision at Old Dominion University in Norfolk, Virginia. She earned her Master of Arts in Clinical Mental Health Counseling as well as her Bachelor of Science in Nursing from the University of Mary Hardin-Baylor in Belton, Texas. She has experience both clinically and medically in acute care, residential and outpatient facilities working with a range of populations from adolescents to geriatric, covering topics from trauma, depression, anxiety, substance use, identity, as well as grief and loss. Clinically her goal is to provide the space for clients to share and process their story, while working through the disruptions in their lives. In short, putting *them* back in control of their personal narrative.

Journal Administrator Fellow: Dr. Teah L. Moore is the Director of the Graduate Counseling Program at Post University. She obtained her Ph.D. in Counselor Education and Counseling from Idaho State University and a master's in School Counseling from Bradley University. She has twenty years of experience in counselor education. Dr. Moore manages a small private practice that helps maintain her clinical counseling skills. She has contributed to journal publications and textbooks, she has also reviewed several counseling textbooks.

Managing Editor: Dr. Crystal Morris, earned her Ph.D. in counselor, education, and supervision from the University of Texas at San Antonio. She is an assistant professor of counseling at St. Edward's University in Austin, TX, owner of Butterflies Prospering Wellness Co., and author of *The Butterfly Affect: Living the Single Life Through God's Eyes* and 21 Days of Positive Living. Her research interest focuses on holistic wellness, positive psychology, social justice, relationships, and PTSD/trauma.

Recruitment and Retention Fellow: Courtney T.K. Chester, a doctoral



student in the CES program at Kent State University, brings a wealth of academic prowess to the role of Recruitment and Retention Fellow for the Adultspan Journal. Currently serving as a Senior Lab Assistant in the WEB counseling research lab, Courtney's research interests lie in plant-based nutrition's impact on mental health, specifically within the black community and women's health, extending to leadership and social justice. As Secretary at the Kappa Sigma Upsilon Chapter of Chi Sigma Iota, Courtney showcases a commitment to academic and professional excellence. Eager to contribute meaningful research to the counseling field, Courtney is enthusiastic about the opportunity to further her learning and make a positive impact through the Adultspan Journal's endeavors.

Special Projects Fellow: Zoey Liu is a Kent State University doctoral student and independently licensed mental health counselor in New York and Ohio. Her clinical experience includes college counseling and crisis intervention. Her research interests lie in trauma and inclusivity in counselor education. She is currently researching broaching with Asian clients.

Assistant Editor: Nateese Dockery is a doctoral candidate at The Ohio State University in the Counselor Education and Supervision program. Nateese's research interests are Social Determinants of Mental Health, Health Equity, and Social Justice. She is currently working on her dissertation study '*A Phenomenological Exploration of Counselors'-in-training Experiences, Preparedness, and Perceptions in Working with Unhoused Black Women.*' Upon graduation, she plans to take on an assistant professor role.

Information on the 2024 Adult Development and Aging 2024 National Conference. We would love to see you there!

Registration information below



Association for Adult Development and Aging 2024 National Conference

Age of the Empowered: Promoting Social Justice and Equity Across the Adultspan

Dates: July 27-28, 2024 with virtual pre-conference sessions and welcome reception on July 26, 2024

Conference Keynote: Dr. Catherine Y. Chang

Location: Agnes Scott College in Decatur, Georgia

Proposal Submission Deadline: April 14, 2024 11:59pm PST

Access the conference proposal form: <https://forms.gle/WyM5h7hKcpFihmtg8>

Early-Bird Conference Registration

AADA Members

Professional: \$160

Student/Retired: \$90

Non AADA Members

Professional: \$180

Student/Retired: \$90

Early bird registration rate lasts through May 31st

Complimentary Conference Hotel Blocks

Courtyard Atlanta Decatur Downtown/Emory
\$172/night for double queen or king room

Hampton Inn Decatur - \$159/night for king
rooms, \$164/night double queen rooms

To register for the conference, see single day
conference registration rates, and access hotel
reservation links/discount codes visit the AADA
conference registration page:

[https://www.eventbrite.com/e/855009776257?
aff=oddtcreator](https://www.eventbrite.com/e/855009776257?aff=oddtcreator)

Submit a Proposal



Conference Registration



Congratulations to our 2024 AADA award winners

2024 Association for Adult Development and Aging Outstanding Research Award.

Dr. Mary Chase Mize
Agnes Scott College

Dr. Laura Shannonhouse
Georgia State University

Dr. Casey Barrio Minton
University of Tennessee

Dr. Matthew Fullen

Virginia Tech

Afroze Shaikh, MA, NCC
Georgia State University

Dr. Jordan Westcott
University of Tennessee

AADA 2024 Outstanding *Adulstpan* Article.

Recognizing Ableism and Practicing Disability Humility: Conceptualizing Disability Across the Lifespan

Dr. Katherine M. Atkins
The Family Institute at Northwestern University

Dr. Tamekia Bell
University of Nevada – Las Vegas

Tilottama Roy-White
The Family Institute at Northwestern University

Maria Page
The Family Institute at Northwestern University

2024 AADA Research Grant

Karen Montgomery

2024 Evelyn Chasan Research Grant

Sonah Kho
University of Wyoming

Association for Adult Development and Aging
www.aadaweb.org

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