

Association for Adult Development and Aging

Fall 2023 Newsletter

Hello AADA members, we are so glad you are here

Welcome! We are so glad you are apart of the Association for Adult Development, and Aging. We wanted to spend a brief moment and introduce you to our executive board and leadership team. Please peruse our website, and enjoy this newsletter.

In this issue you will find:

- Presidential message
- Pictures from the 2023 AADA conference
- Information on the latest edition of Adultspan
- Guidance on how to publish in Adultspan
- Information on an upcoming webinar!

AADA Executive Board and Leadership Team

- Executive Board and Leadership Team (2023)
- President: Dr. Matthew Nice
- Past President: Dr. Adrianne Trogden
- Secretary: Catherine Eaton
- Treasurer: Matthew Nice
- Member-at-large Outreach/Branch Divisions: Crystal Neal
- Governing Council Representative: Wendy Killam
- Newsletter Editor: Kailey Bradley

Enjoy a message from President Dr. Matthew Nice below!

Presidential Message Dr. Matt Nice

Hey there, AADA members!

My presidential year has begun and is in motion, I am very excited for the initiatives that AADA has accomplished, and for what is on the horizons. Dating back

to the end of July, I was thrilled to see the success of the 2023 AADA conference in Charlotte, NC. The conference was highlighted by keynote speaker Dr. Matthew Fullen as well as many sessions presented by AADA members on topics centering on counseling across the adult lifespan. The feedback was evident—AADA members want to remain in person for future conferences, which we plan to continue this upcoming year when President-Elect Dr. Janelle Jones leads the efforts.

AADA has also been busy on a number of other fronts. To highlight one, Dr. Marcela Kepic, a past-president of AADA, will be hosting a joint AADA-ARCA webinar on December 1st. AADA members can attend for free without CEUs. AADA members seeking CEUs can pay a small fee to receive them. You can register here: http://events.r20.constantcontact.com/register/event?
oeidk=a07ek16oy3r6a6338d9&Ilr=rb76ilcab. Additionally, the AADA document database on Dropbox is receiving an overhaul and is converting to Google Drive for more accessibility and access for AADA board members.

Lastly, I would like to thank Dr. Adrianne Trogden for her term as President that ended this past June. Dr. Trogden's presidency was highlighted by working towards membership engagement while recovering from the pandemic. AADA is fortunate for her leadership. Please keep an eye out for more webinars and updates from AADA, as well as AADA events at the ACA conference this Spring.

Enjoy your holidays, and be well!

Best,

Matthew L. Nice AADA President

Snapshots from AADA 2023 Conference!

Please check out our FB page for more snapshots from this years conference. We were thrilled with the turnout and wonderful educational sessions.





Looking for ways to get involved?

Consider joining the Older Adult Task Force

If you would like to join the Older Adult Task Force-Please email Janelle Jones (AADA President Elect and Older Adult Task Force Co-Chair) at iljones30@ua.edu and we will ensure to keep you posted on all the happenings of the AADA Older Adult Task Force.

Adultspan Updates

Check out the latest issue of the ADULTSPAN Journal! This issue explores diverse facets of mental health and identity and delves into considerations for utilizing telebehavioral health for addressing older adults' mental health needs. Additionally, it highlights the concept of multigenerational legacy projects, the utilization of the Social Determinants of Mental Health Framework when working with Older Adults, and much more.

Read more here

Power of a Feminist Identity on Sense of Self and Purpose: https://mds.marshall.edu/adsp/vol22/iss1/2/

Recognizing Ableism and Practicing Disability Humility: Conceptualizing Disability Across the Lifespan: https://mds.marshall.edu/adsp/vol22/iss1/4/

Connecting With Clients in Later Life: The Use of Telebehavioral Health to Address Older Adults' Mental Health Needs: https://mds.marshall.edu/adsp/vol22/iss1/1/

Utilization of the Social Determinants of Mental Health Framework with Older Adults for Assessment, Case Conceptualization, and Treatment Planning: https://mds.marshall.edu/adsp/vol22/iss1/5/

Integrating Feminist Approaches in Counseling Work With Adult Women: https://mds.marshall.edu/adsp/vol22/iss1/3/

Multigenerational legacy projects: https://mds.marshall.edu/adsp/vol22/iss1/6/

Are you interested in becoming a reviewer for Adultspan? Complete the form to send us your info: Forms.gle/ReviewerInterestForm

Training Opportunity

"Navigating College for Students with Disabilities"

Presented By:

Alexis Duggan, M.S., CRC, LPC and Marcela Kepic, PhD, LPC, NCC, ACS

In collaboration with the Association for Adult Development and Aging (AADA), this presentation will focus on the main characteristics of college students with disabilities and the barriers they face within higher education.

Learning Objectives:

- Identify main characteristics (strength and challenges) of college students with disabilities (emerging adults) and their intersectionality.
- Understand common and frequent barriers that students with disabilities may be facing and their impact on identity development and learning.
- Learn about resources for students with disabilities in higher education.

We are offering two options for AADA members. The first option is to attend for free if you are an AADA member but will not receive CEs. The second option is to attend as an AADA member for \$12.00 and you will receive CEs. AADA will be represented by our own Marcela Kepic (thanks again, Marcela!)

Below, you will find the flyer for our upcoming collaborative webinar on December 1, 2023. The link to the flyer where people can also register can be found

here: http://events.r20.constantcontact.com/register/event? oeidk=a07ek16oy3r6a6338d9&llr=rb76ilcab

The promo codes for both options for AADA members are below:

AADA Member for FREE: The Code is AADAFREE

AADA Members seeking CEUs: The Code is AADACEU





Please submit your work for our AADA newsletter in the future.

We are currently looking for **news**, **updates**, **events**, **book recommendations**, and **articles** from our members for the Fall edition of the newsletter on topics of human development and aging

Submission: <u>aada.newsletter.2021@gmail.com</u>

Length: 500 - 800 words **Format**: Microsoft word

For details, the AADA newsletter committee can be reached at ada.newsletter.2021@gmail.com.

Association for Adult Development and Aging www.aadaweb.org

Connect with us on social media!



Association for Adult Development and Aging | a Division of the American Counseling Association | Alexandria, VA 22222 US

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